



## 2024 ISIA Asia 裁判资格更新测试

2024 年规则修订将于 2024 年 9 月 1 日 起生效，适用于所有 ISI 测试和比赛项目。所有在 2024 年 8 月 1 日之前通过任意级别 ISI 裁判资格测试（铜、银、金或裁判长）的专业会员，必须通过 2024 年更新测试，以维持其当前的裁判资格级别。考生至少答对 28 道题方可通过此测试。完成后请发送至 [info@isiasia.org](mailto:info@isiasia.org)。2025 年 1 月 31 日前完成测试，费用为人民币 160 元，过期后费用将恢复至人民币 240 元。不设免费补测。

*如果您在 2024 年 8 月 1 日之后通过铜、银或金级别的裁判资格测试，则无需参加此次更新测试。*

教练姓名 \_\_\_\_\_ ISIA Asia 会员号 \_\_\_\_\_

所属冰场/俱乐部 \_\_\_\_\_ (ISIA Asia 办公室用) 分数 \_\_\_\_\_

请圈出最合适的答案

1. 2024 Test & Competition Rule Revisions are mandatory for all tests and competition events:  
2024 年测试和比赛规则修订，将于下列哪个时候对所有测试和比赛项目强制生效：
  - a. Beginning 1 September 2024  
从 2024 年 9 月 1 日开始
  - b. Beginning 1 January 2025  
从 2025 年 1 月 1 日开始
  - c. When the competition director chooses a date to start using the new revisions  
当比赛总监选择使用新规则时
  - d. When the coach has time to incorporate the new changes in their skaters' programs  
当教练有时间对其选手的节目作出调整时
2. All participants are required to pass and register an ISI test to compete in:  
所有参赛选手必须通过并注册 ISI 测试才能参加：
  - a. Solo and Couple Spotlight events  
单人及双人娱乐性项目
  - b. Jump & Spin events  
跳跃与旋转项目
  - c. Stroking events  
蹬冰项目
  - d. d) All the above  
以上所有项目

3. Which statement is true to describe a family-friendly program:  
下列哪项描述符合观众友好型节目：
- a. Costumes, props, themes, song lyrics, and choreography are suitable for skaters of all ages  
服装、道具、主题、歌曲歌词和编排适合各年龄段选手
  - b. The content or experience cannot include explicit or inappropriate material  
内容或体验不得包含露骨或不适当的素材
  - c. Should prioritize safety (non-violence), inclusivity, and entertainment that all ages can enjoy  
应优先考虑安全性 (非暴力)、包容性以及适合各年龄段的娱乐性
  - d. All the above  
以上所有描述
4. The program duration time for Bronze Open Freestyle (not including the 10-second leeway) is:  
公开花式铜级项目的节目时长 (不包括 10 秒宽限时间) 为：
- a. 1:30
  - b. 1:45
  - c. 1:50
  - d. 2:00
5. Which statement is true for ISI International Ice Dance tests?  
以下哪项陈述适用于 ISI 国际冰舞测试？
- a. All International dances must be skated with a partner  
所有国际冰舞舞蹈都必须与搭档一起滑行
  - b. International dances must be judged by only one examiner  
国际冰舞测试都将由一名裁判进行评分
  - c. International dances can be skated solo or with a partner  
国际冰舞舞蹈可以单人滑行或与搭档滑行
  - d. Three patterns must be performed for all International dances  
所有国际冰舞测试都必须完成三个图形舞步
6. Which dances are included in the International Ice Dance test:  
下列哪些舞种包含在国际冰舞测试中：
- a. The Quickstep and the Starlight Waltz  
快步舞和星光华尔兹
  - b. The Finnstep and the Tea-Time Foxtrot  
芬兰步和闲时狐步
  - c. The Viennese Waltz and the Westminster Waltz  
维也纳华尔兹和威斯敏斯特华尔兹
  - d. The Argentine Tango and the Paso Doble  
阿根廷探戈和帕索多布尔

7. The two series of 4 lobes for Couple 1 Swing Rolls must be performed:  
双人花式 1 级中，双人摇滚步所展现的两遍，四个圆弧滑行必须：
- a. At opposite ends of the rink  
分别在冰场的两端做出
  - b. Consecutively only on a red or blue hockey line  
利用红色或蓝色的冰球线连续进行
  - c. Consecutively at any place on the rink  
在冰场的任意位置连续进行
  - d. Side-by-side without touching  
并排滑行，且搭档不允许牵握
8. A skater who passes the Freestyle 1 test can also compete in:  
通过花式 1 级测试的选手还可以参加：
- a. Delta Stroking  
基本 5 级蹬冰项目
  - b. Delta Spotlight  
基本 5 级娱乐性项目
  - c. Delta Interpretive  
基本 5 级临场表现项目
  - d. Bronze Open Freestyle  
公开花式铜级项目
9. Which statement is true for Rhythmic event props (ball, hoop, ribbon):  
以下哪项陈述适用于韵律操项目的道具 ( 球、圈、丝带 ):
- a. Props can be used during the event warm-up, if there are less than 10 skaters on the ice  
如果冰上人数少于 10 人，选手可以在热身时使用道具
  - b. Props cannot be left laying stationary on the ice while the skater performs a jump, spin, or other skating maneuver  
在选手表演跳跃、旋转或其他滑行动作时，道具不能静止地留在冰面上
  - c. Props cannot be rolled, bounced, or thrown in the air while the skater performs a skating maneuver  
在选手表演滑行动作时，道具不能滚动、拍打反弹或抛向空中
  - d. Prop size or ribbon length do not have to fit any prop specification guidelines  
道具尺寸或丝带长度不必符合道具规范指南
10. Which statement is false for Couples Spotlight skaters:  
以下哪项陈述对于双人娱乐性选手是错误的：
- a. Skaters do not have to be the same test level or age  
选手不必是相同的测试级别或年龄
  - b. Can have help at the ice door getting their prop(s) on the ice  
可以在冰门处获得协助，将道具搬上冰面
  - c. Can have off-ice assistance or participation during their program  
可以在表演期间获得场外协助或参与
  - d. Can have help at the ice door getting their prop(s) off the ice  
可以在冰门处获得协助，将道具搬离冰面

11. Which statement is true for level 7-10 Freestyle, Couple, Pair, and Dance tests?  
关于花式 7-10 级、双人花式、双人滑和冰舞测试，以下哪项陈述是正确的：
- a. These tests are only scored as pass or incomplete  
这些测试仅以“通过”或“未完成”评分
  - b. The skater(s) can pass the test with only one incomplete maneuver  
若只有一个动作未完成，选手仍可通过测试
  - c. The skater(s) must receive a passing score from all three examiners to pass the test  
选手必须同时获得全部三名裁判的通过分数，才能通过测试
  - d. The skater(s) must receive a passing score from two of the three examiners to pass the test  
选手必须获得三名裁判中至少两名裁判的通过分数，才能通过测试
12. Open Freestyle event maneuvers are judged on:  
公开花式项目的动作评分标准是：
- a. Quality – not quantity and difficulty  
动作质量 – 而非数量和难度
  - b. Jump height – not distance  
跳跃高度 – 而非距离
  - c. Spin speed – not centering  
旋转速度 – 而非稳定轴心
  - d. Step sequence timing – not flow and pattern  
步法组合的节拍 – 而非流畅度和图形
13. The uncaptured Illusion may be performed at which level in ISIA Asia Competition events:  
未被列出的动作，一圈车轮转可以在 ISIA Asia 比赛中的哪个级别做出：
- b. FS1 and higher  
花式 1 级和以上级别
  - c. FS6 and higher  
花式 6 级和以上级别
  - d. FS4 and higher  
花式 4 级和以上级别
  - e. Any level  
任意级别均可做出
14. Uncaptured Spins performed in Freestyle 1-10 events:  
在花式 1-10 级比赛中，关于选手做出未列出的旋转动作：
- a. Can include any spin position at any level  
可以包含任意级别的任意旋转姿势
  - b. Cannot include more than 3 revolutions in each spin position  
每个旋转姿势不得超过 3 圈
  - c. Can only be performed after all the required program maneuvers are completed  
只能在完成所有规定动作后做出
  - d. Cannot include a spin position from a higher level than the skater's current test level  
不能包含高于选手当前测试级别的旋转姿势

15. Which statement is true regarding the opposite jump requirement in Freestyle 7 and Freestyle 9?  
关于自由滑 7 级和 9 级中的相反方向跳跃要求，以下哪项陈述是正确的：
- a. The jumps are not required to be performed in the test program if they were successfully completed in the compulsory portion of the test  
如果在测试的规定动作部分中已成功完成，跳跃不需要在自由滑节目中做出
  - b. The jumps can only be attempted two times  
跳跃最多只能尝试两次
  - c. The jumps must be performed in both directions with a minimum number of steps between each jump  
两个方向的跳跃必须连续做出，并且以最少步法连接
  - d. All the above  
以上所有
16. Which of the following criteria are judged in ISI Freestyle events?  
在 ISI 花式自由滑比赛中评判的标准是：
- a. Technical Merit, Choreography & Pattern, Music Interpretation  
技术得分、编排与场地利用、曲目演绎
  - b. Correctness, Choreography & Pattern, Music Interpretation  
动作正确性、编排与场地利用、曲目演绎
  - c. Costume and Prop, Originality, Judge Appeal  
服装与道具、原创性、感染力
  - d. Artistic Impression, Posture & Carriage, Choreography & Pattern  
艺术感染力、姿态、编排与场地利用
17. Which statement is false?  
以下哪项陈述是错误的？
- a. The Lift Reference Chart in the 2024 ISI Handbook is a valuable resource for all coaches  
2024 ISI 手册中的托举动作参考列表，对所有教练都非常有用
  - b. Adagio lifts and Dance lifts are not the same  
高危类别托举和舞蹈类托举并不相同
  - c. Coaches should determine if the skaters (or team) can safely perform the allowed lifts in the program  
教练应评估确定选手（或团队）能否安全地在节目中做出允许的托举动作
  - d. None of the statements are false  
没有陈述是错误的

18. Which of the following does NOT receive 25 team points for first place?  
下列哪个项目的第一名·不会获得 25 团队积分？
- a. Ensemble  
小团体制作
  - b. Team Compulsory  
团体指定动作
  - c. Production  
团体制作
  - d. Synchronized Skating Compulsories  
队列滑 – 滑行指定动作
19. Skaters who have passed the Delta test can also test and compete in:  
通过基本 5 级测试的选手还可以参加下列哪些测试和比赛项目：
- a. Figure 1 / Dance 1  
图形 1 级 / 冰舞 1 级
  - b. Free Dance 1 / Bronze Open Solo Free Dance  
自由冰舞 1 级 / 公开个人自由冰舞 铜级
  - c. Pair 1 / Bronze Open Pair  
双人滑 1 级 / 公开双人滑 铜级
  - d. All the above  
以上所有
20. Adagio lifts are allowed in which events?  
下列哪些项目允许做出高危类别的托举动作？
- a. Synchronized Formation Team  
队列滑 – 队形项目
  - b. Kaleidoskate Team / Pattern Team  
团体万花筒 / 团体图形
  - c. Platinum Open Pair / Platinum Couple Spotlight  
公开双人滑 铂金级 / 双人娱乐性 铂金级
  - d. Pair 1-6 / Couple 1-6  
双人滑 1-6 级 / 双人花式 1-6 级
21. A new Lift Reference Chart (with lift definitions & limitations) has been created for:  
新的托举动作参考列表 (包含托举动作的定义和限制) 已创建用于：
- a. Acrobatic & Adagio lifts – for Pair / Open Pair / Couple events  
杂耍类和高危类别托举 – 用于双人滑 / 公开双人滑 / 双人花式项目
  - b. Dance lifts – for Free Dance events  
舞蹈类托举 – 用于自由冰舞项目
  - c. Group lifts – for Family Spotlight / Ensemble / all Team events  
团体托举 – 用于家庭娱乐性 / 小团体制作 / 所有团体项目
  - d. All the above  
以上所有

22. Acrobatic lifts are allowed in which event?  
哪些项目允许做出高危类别托举动作？
- a. Pair 10  
双人滑 10 级
  - b. Platinum Open Pair  
公开双人滑 铂金级
  - c. Theater Production  
团体制作 - 舞剧项目
  - d. Acrobatic lifts are never allowed in ISI competition events  
高危类别托举动作在 ISI 比赛项目中从未被允许
23. The Duration score for all events with 2 or more event entries can only be:  
对于有两个或以上参赛选手的所有项目，时限评分只能是：
- a. 7.0, 6.0, 5.0
  - b. 7.0, 6.5, 6.0
  - c. 8.0, 7.5, 7.0
  - d. 8.0, 7.0, 6.0
24. The Duration scores for all events with only 1 event entry “against the book” can only be:  
对于只有一个参赛选手的项目，时限评分只能是：
- a. 7.0, 6.0, 5.0
  - b. 7.0, 6.5, 6.0
  - c. 8.0, 7.5, 7.0
  - d. 8.0, 7.0, 6.0
25. When judging an event with only one skater (against the book), Judges must:  
当评判只有一名选手的项目时，裁判必须：
- a. Compare skater’s performance to the test standard  
将选手的表现与测试标准进行比较
  - b. Compare skater’s performance to their age and test level  
将选手的表现与其年龄和测试级别进行比较
  - c. Go through the motions of judging, but always give 1st place  
走完评判流程，但总是给出第一名
  - d. Both a & b  
a 和 b 都是

26. The penalty for performing lifts that are not allowed is:  
对于做出犯规托举动作的处罚是：
- a. Determined by the panel Referee  
由裁判长决定
  - b. Score of "2.0" under the event criterion listed on the Penalty Reference Chart  
根据处罚参考列表中的规定，于对应评分项，给予评分 "2.0"
  - c. Score of "0" under the event criterion listed on the Penalty Reference Chart  
根据处罚参考列表中的规定，于对应评分项，给予评分 "0"
  - d. Bottom of the point range in one criterion by all three judges  
所有三名裁判在某一评分项上，给出分距中的最低分数
27. Which statement is false regarding ISI competition judging?  
关于 ISI 比赛裁判员，以下哪项陈述是错误的？
- a. All judges must be at least 16 years old  
所有裁判必须至少 16 岁
  - b. All judges must be at least 18 years old  
所有裁判必须至少 18 岁
  - c. All judges must be a current ISI Professional member  
所有裁判必须是当前的 ISI 专业会员
  - d. All judges must have passed the Bronze, Silver or Gold judge certification test  
所有裁判必须通过铜、银或金级裁判认证考试
28. Why is it important for all coaches to review the new Lift Reference Chart when choreographing Couple Spotlight and Family Spotlight programs?  
为什么所有教练在编排双人娱乐性和家庭娱乐性节目时，必须查阅新的托举动作参考列表？
- a. New Lift definitions have been established  
因为其中包含最新修订的托举动作定义
  - b. Certain lifts are not allowed in certain levels of Spotlight programs  
因为某些托举动作不允许在某些级别的娱乐性节目中做出
  - c. It is important that all Spotlight programs are safe for all participants  
确保所有娱乐性节目编排对选手来说都是安全的
  - d. All the above  
以上所有



29. Split jumps are NOT ALLOWED in:  
下列哪个项目中不允许做出分腿跳：
- a. Open Solo Free Dance  
公开个人自由冰舞
  - b. Footwork 4  
步法 4 级
  - c. Silver Open Freestyle  
公开花式 银级
  - d. Artistic 6  
艺术性 6 级
30. Pattern Team programs:  
团体图形项目：
- a. Must have a minimum of 8 skaters  
必须至少有 8 名滑手
  - b. Must establish and work off a common circle throughout the program, but they can start on, inside, or outside the circle  
必须在整个节目编排中围绕一个共同的圆圈进行表演，但可以在圆圈外、圆圈内或圆圈上准备开始
  - c. Must follow a prescribed pattern on the ice  
必须遵循冰上的规定图形
  - d. Cannot include any jumps or spins  
不允许做出任何跳跃或旋转动作
31. In Solo Compulsory events, if no illegal maneuver is performed in an event with only 1 skater “against the book”, the Referee will give the skater what score for the “Penalty” criterion?  
指定动作项目中，如果只有一名滑手参赛且没有做出犯规动作，裁判长会在“处罚”评分项上给予什么分数？
- a. 7.0
  - b. 7.5
  - c. 8.0
  - d. The same score as given for Maneuver #1  
与第一个动作相同得分
32. Which statement is true for Pattern Team judging criteria?  
关于团体图形项目的评分标准，以下哪项陈述是正确的？
- a. Duration is not judged for this event  
该项目不对时限评分
  - b. Use of Common Circle is an added criterion  
“共同圆圈运用”是新增的评分项
  - c. Team Posture & Presentation is an added criterion  
“团队姿态和表现力”是新增的评分项
  - d. Unison and Correctness of Turns & Edges are the most important criteria  
“同步性”和“用刃及步法的正确性”是最重要的评分标准

33. If the judge panel believes that a penalty should be assessed, but none is listed in the ISI Handbook:  
如果裁判组认为应该给予处罚，但 ISI 手册中没有列出相关规定：
- a. Only the panel Referee will assess a penalty  
只由裁判长给出罚分
  - b. Each judge will give a score of “2.0” in one criterion  
每位裁判会在某一评分项上给予 “2.0” 分
  - c. Each judge will score one criterion at the bottom of the point range  
每位裁判会在某一评分项上给予分距中的最低分数
  - d. No penalty can be given  
不能进行任何处罚
34. When judging “Correctness”, you MUST NOT consider:  
在评判 “正确性” 时，您不应该考虑：
- a. Difficulty or technical merit  
动作难度或技术表现
  - b. Falls  
摔倒
  - c. Technical accuracy of the moves performed  
动作的技术准确性
  - d. Quality of each maneuver  
每个动作的动作质量
35. When judging any competition event, a judge can make evaluation easier by:  
在评判任何比赛项目时，裁判可以通过以下哪些方式使评分更简单：
- a. Always using the full point range  
始终充分使用分距
  - b. Using symbols for notes instead of words to save time  
使用符号标志而非文字，以节省时间
  - c. Evaluating all aspects of a maneuver – speed, height, revolutions, flow, timing, etc.  
评估动作的所有方面 – 速度、高度、圈数、流畅度、节奏等
  - d. All the above  
以上所有

非常感谢您对 ISI 滑冰体系和活动的持续支持与参与。  
看到各个年龄段的滑手表演他们的节目并实现个人目标，  
是对您作为一名成功的教练，最美好的致敬！