



## 2022 ISIA Asia 裁判资质(更新)测试

2022 年规则修订于 2022 年 9 月 1 日生效，适用于所有 ISI 测试和赛事活动。

所有于 2022 年 9 月 1 日之前通过任何级别 ISIA Asia 裁判资质测试（铜级、银级或金级）的专业会员都必须通过 2022 年的更新测试，以保持其当前的裁判等级。合格标准为 32 条正确。

完成此测试后，请扫描并通过电子邮件发送至 [members@isiasia.org](mailto:members@isiasia.org)。测试费用为每人每次人民币 120 元，2023 年 3 月 31 日后提交，费用则每人每次人民币 200。不设免费补测。

教练姓名 \_\_\_\_\_ 会员编号 \_\_\_\_\_

所属冰场 \_\_\_\_\_ (ISIA Asia 办公室用) 分数 \_\_\_\_\_

请圈出每道题的 **最佳** 答案

1. 2022 Test and Competition Rule Revisions are mandatory for all tests and competition events:

2022 年测试和赛事规则修订对所有测试和赛事活动都是强制性从：

- a. Beginning 2022-09-01 2022 年 9 月 1 日开始生效
- b. Beginning 2023-01-01 2023 年 1 月 1 日开始生效
- c. When the competition director chooses a date to start using the new revisions  
当赛事总监选择开始使用新修订版时
- d. When the district director informs all rinks and decides to implement the changes  
当区域理事通知所有滑冰场和俱乐部并决定实施更改时

2. What score is given for any required maneuver that is not attempted?

对于未有尝试做出的规定动作，评分是多少？

- a. 10
- b. 8
- c. 5
- d. 0

3. A skater who has only passed ISI Ice Dance 3 may compete in which ISI Dance event below?

选手只通过 ISI 冰舞 3 级可以参加以下哪个 ISI 舞蹈比赛项目？

- a. Ice Dance 3 冰舞 3 级
- b. Ice Dance 4 冰舞 4 级
- c. Open Bronze Solo Free Dance 公开自由冰舞 - 个人铜级
- d. Open Silver Solo Free Dance 公开自由冰舞 - 个人银级

4. In Artistic programs: 在艺术性项目:
- Skaters are judged on the difficulty of the maneuvers they perform  
裁判会对选手所做的动作难度进行评分
  - Skaters and coaches should carefully check to make sure any additional maneuver performed is not a required maneuver from a higher test level  
选手和教练应仔细检查，以确保没有做出任何更高等级的额外动作和内容
  - Skaters can do any spin from any level  
选手可以做出任何等级的任何旋转动作
  - Skaters are limited as to which uncaptured jumps, spins, and gliding maneuvers they can perform  
选手在“未列出”的跳跃、旋转和滑行动作方面是受到限制的
5. The maximum program duration of 2:00 is for which Open Solo Free Dance level?  
哪个公开自由冰舞 – 个人项目组别的音乐时限是 2:00 ?
- Open Silver Solo Free Dance      公开自由冰舞 – 个人 银级
  - Open Gold Solo Free Dance      公开自由冰舞 – 个人 金级
  - Open Platinum Solo Free Dance      公开自由冰舞 – 个人 铂金级
  - Open Diamond Solo Free Dance      公开自由冰舞 – 个人 钻石级
6. The following maneuvers are not permitted in Open Solo Free Dance tests:  
下列哪个动作在公开自由冰舞 – 个人项目中不允许做出 :
- Split jumps of more than 45 degrees      超过 45 度幅度的分腿跳
  - Consecutive  $\frac{1}{2}$  rotation jumps      连续的 1/2 周跳跃
  - Flying spins      任何跳接旋转
  - All of the above      以上所有
7. The following ISI Pair Test requirements have changed:  
以下哪个关于 ISI 双人滑测试的要求已更改 :
- Pair 1-2 test requirements  
双人滑 1-2 级测试要求
  - The infamous “Pamchenko Twist” maneuver (from Cutting Edge movie) is allowed at any Pair level  
在任何测试级别允许做出臭名昭着的 “Pamchenko Twist” 动作 ( 来自 The Cutting Edge 电影 )
  - The legendary “Iron Lotus” (from Blades of Glory movie) is allowed at any Pair level  
在任何测试级别允许做出传奇的 “铁莲花” 动作 ( 来自 Blades of Glory 电影 )
  - Pair 3-10 test requirements  
双人滑 3-10 级测试要求

8. Which performance below IS NOT judged within the point range?  
以下哪方面不在裁判评分考虑范围？
- a. The edges in Delta and FS1 that are not performed consecutively  
基本 5 级和花式 1 级选手未连续做出向前/向后圆弧
  - b. Only one of the two required arabesques in FS2 or FS4 is performed – but the same one is performed two times  
花式 2 级或花式 4 级选手仅做出两个不同用刃的燕式平衡中的一个 - 同时相同刀刃做了两次
  - c. Not attempting ½ Loop jump in a Freestyle 4 program  
花式 4 级选手在表演中未尝试做出“后外节环跳 - 不同脚落冰”动作（夹心跳）
  - d. A fall during an incomplete dance step sequence in Freestyle 6  
花式 6 级选手在规定舞步中段摔倒
9. To help maintain the integrity of the high-level judging process:  
为帮助维护高级别测试评审的公平和完整性：
- a. All video tests (level 7 and above) should be posted on multiple social media sites to help raise awareness and reinforce the integrity of ISI high level testing  
所有测试视频（7 级及以上）都应发布在多个社交媒体网站，以帮助提高认知并加强 ISI 高级测试的完整性
  - b. All video tests should be posted by the skater’s family, friends, and coach after the test is passed by judges chosen by the office  
所有测试视频只能在 ISI 办公室指定的裁判通过测试后，由选手的家人、朋友和教练发布
  - c. ISI video tests should not be posted on social media  
ISI 测试视频不应发布在社交媒体网站上
  - d. ISI video tests should only be shared with skaters, parents, and coaches from your home rink  
ISI 测试视频应仅与相同冰场的伙伴、父母和教练共享
10. Which time listed below is the prescribed duration time for the Bronze Open Solo Dance Test?  
以下哪个是公开自由冰舞 – 个人铜级测试的时限？
- a. 1:40
  - b. 1:50
  - c. 1:30
  - d. 2:00
11. In the stroking event, which of the following is true?  
在蹬冰项目中，以下哪项是正确的？
- a. Forward Stroking must be performed in a figure eight pattern  
选手必须以八字图形方式做出蹬冰动作
  - b. Forward Stroking down sides of rink, forward crossovers are optional on the end patterns  
在边上向前蹬冰至弯道，弯道上可选择性做出前压步动作
  - c. Forward Stroking down sides of rink, forward crossovers are required on the end patterns  
在边上向前蹬冰至弯道，弯道上可需要做出前压步动作
  - d. Forward Crossovers are only scored for skaters in Freestyle 1 level and higher  
只对花式 1 级及以上级别的选手的前压步进行评分

12. Open Freestyle event maneuvers are judged on:

公开花式项目的评判标准着重于：

- a. Quality – not quantity                      质量 – 而非数量
- b. Jump height – not distance                跳跃高度 – 而非距离
- c. Spin speed – not centering                旋转速度 – 而非稳定轴心
- d. Step sequence timing – not flow and pattern    舞步节拍– 而非流畅度和图形

13. In Silver Open Freestyle events, skaters CANNOT perform:

在公开花式 银级项目中，选手不能做出

- a. Split jump                      点冰分腿跳
- b. Axel jump                      一周半跳
- c. Flying Sit spin                跳接蹲转
- d. Layback spin                弓身转

14. Delta level skaters can compete in the following events:

基本 5 级选手可以参加下列哪些项目？

- a. Delta, Couples 1, Dance 1      基本 5 级自由滑、双人花式 1 级、冰舞 1 级
- b. Delta, Couples 1, Pair 1        基本 5 级自由滑、双人花式 1 级、双人滑 1 级
- c. Delta, Figure 1, Dance 1        基本 5 级自由滑、图形 1 级、冰舞 1 级
- d. Delta, Figure 1 Pair 1        基本 5 级自由滑、图形 1 级、双人滑 1 级

15. For all ISI events, the Duration timing:

在所有 ISI 项目中，音乐时限：

- a. Starts when the music begins and stops when the music stops  
从音乐播放开始计时，音乐结束停止计时
- b. Starts when the music begins and stops when the skater stops  
从音乐播放开始计时，选手停下停止计时
- c. Starts when the skater moves away from the starting position and stops when the music stops  
从选手从开始位置滑走开始计时，音乐结束停止计时
- d. Starts with any action after the music begins and stops when the skater stops  
从音乐播放后，选手做出任何动作开始计时，选手停下停止计时

16. Which lift is required in Pair 3?

双人滑 3 级要求做出下列哪个托举动作？

- a. Cross Arm Lift                交叉臂托举
- b. Waltz Lift                      华尔兹托举
- c. Lutz Lift                      勾手点冰托举
- d. Waist Loop Lift                腰握后外环举

17. Uncaptured Adagio style, acrobatic, and overhead lifts are not permitted in the following events:

在以下项目中，不允许做出未列出的“Adagio”类托举、杂技类托举和过头类托举

- a. Pair 1-6 and Open Pair Bronze - Silver levels      双人滑 1-6 级 / 公开双人滑 铜级 - 银级
- b. Couple 1-6 and Free Dance 1-10                      双人花式 1-6 级 / 自由冰舞 1-10 级
- c. Synchronized Skating                                      队列滑
- d. All of the above    以上所有

18. Which of the following lifts is required in Pair 7?

双人滑 7 级要求做出下列哪个托举动作？

- a. Axel lift    一周半托举
- b. Waist Loop Lift    腰握后外托举
- c. Double Axel Lift    两周半托举
- d. Table top (Platter) Lift                                    平面托举

19. Skaters not following maneuver limitations in Open Pair events will result in the following score:

选手在公开双人滑项目中做出越级动作，选手将被判罚以下哪个分数：

- a. Bottom of the point range                                分距中的最低分数
- b. 2.0 under Variety of Moves                              动作种类中获得 2.0 分
- c. 2.0 under Technical Merit                                技术得分中获得 2.0 分
- d. 2.0 under Correctness                                    正确性中获得 2.0 分

20. Which of the following skaters are eligible to compete in Team Compulsory 4?

下列哪些选手具备参加“团体指定动作 4 级”赛事项目的资格？

- a. Freestyle 1,2,3,4 and Open Bronze Freestyle skaters  
花式 1、2、3、4 级和公开花式铜级的选手
- b. Freestyle 1,2,3,4 and Open Silver Freestyle skaters  
花式 1、2、3、4 级和公开花式银级的选手
- c. Freestyle 1,2,3,4 and any open Freestyle level skaters  
花式 1、2、3、4 级和任何公开花式等级的选手
- d. Any level of Freestyle skaters  
任何花式等级的选手

21. Which statement is true for the Team Compulsory event judging?

关于团体指定个动作项目的裁判评分，哪一种说法是正确的？

- a. Only Judge 1 will score General Overall  
只有裁判一需对“整体评分”评分项进行评分
- b. Judge 2 will score the new Music Interpretation judging criterion for this event  
裁判二将会对新的评分项“曲目演绎”进行评分
- c. Judge 3 will score Rhythm  
裁判三将对“节奏”评分项进行评分
- d. All judges will score Unison  
所有裁判将对“同步”评分项进行评分

22. Skaters competing in Creative and Free Figure events:

参加自创图形和自由图形比赛的选手:

- a. Must complete laying out their figure in 1:30  
必须在 1:30 内完成图形图案
- b. Have 2 minutes to lay out their figure  
有 2 分钟的时间展示他们的图形图案
- c. Can take as much time as needed to lay out their figure  
可以不受时间限制的展示他们的图形图案
- d. Will receive a penalty for skating longer than the set Duration  
若滑行超过规定时间将会被判罚

23. The Duration score for all events with 2 or more event entries can only be:

对于 2 名或 2 名选手以上的比赛项目，时限得分只能是:

- a. 7.0, 6.0, 5.0
- b. 7.0, 6.5, 6.0
- c. 8.0, 7.5, 7.0
- d. 8.0, 7.0, 6.0

24. The Duration scores for all events with only 1 event entry "against the book" can only be:

对于只有一名选手的比赛项目时限得分只能是:

- a. 7.0, 6.0, 5.0
- b. 7.0, 6.5, 6.0
- c. 8.0, 7.5, 7.0
- d. 8.0, 7.0, 6.0

25. Which of the following is a new judging criterion change for Freestyle 1-10 competition events?

以下哪项是花式 1-10 级自由滑比赛项目中，新的裁判标准？

- a. Correctness scored by Judge 1                      由裁判一负责 “正确性” 评分
- b. Extra Content scored by Judge 2                      由裁判二负责 “额外内容” 评分
- c. Music Interpretation scored by Judge 3                      由裁判三负责 “曲目演绎” 评分
- d. Judge Appeal not being judged                      没有对 “裁判偏好” 作出评分

26. Which criterion is NEW in Rhythmic event judging?

哪个是韵律操项目中，新的裁判评分项？

- a. All three judges score Judge Appeal  
所有三名裁判均对 “感染力” 进行评分
- b. Only one judge scores Use of Prop  
只有一名裁判对 “道具运用” 进行评分
- c. Judge 2 scores Originality and Judge 3 scores Presentation  
裁判二负责 “原创性” 评分，裁判三负责 “表现力” 评分
- d. Creativity is scored by two judges  
将由两个裁判进行 “创意” 评分

27. Any required maneuver performed more than 10 seconds over the prescribed duration time:  
超过规定时限 10 秒后做出任何规定动作:
- Is scored within the point range based on the performance quality of the maneuver  
根据动作的表现和质量，在分距范围内评分
  - Is scored at the top of the point range since the skater showed extra endurance  
由于选手表现出额外的耐力，应给予分距范围内的最高分
  - Is given a score of "0" since judging always stops at 10 seconds over the prescribed duration time  
评分为 "0"，因为裁判会在规定时间的 10 秒后停止裁判。
  - Is given a score of "6.5" to match the new duration penalty score  
评分为 "6.5"，以匹配最新变更的时限扣分
28. Judges for "against the book" skaters must:  
在 "一人组别" 的比赛中，裁判必须:
- Compare skater's performance to the test standard requirements  
以选手的动作（或节目）与测试标准做比较
  - Compare skater's performance to another skater you know is at the same level  
以选手的表演与相同水平的选手进行比较
  - Go through the motions of judging, but always give 1st Place "against the book"  
假装在裁判，但总是给第一名
  - None of the above  
以上都不对
29. The point range for judging 1 event entry "against the book" is:  
一人组别" 裁判打分的分距是:
- 0 – 10
  - 7.5 – 8.5
  - 7.0 – 8.0
  - Determined by the panel referee after watching the skater's performance  
观看选手表演后，由裁判长决定
30. In Solo Compulsory events, if an illegal maneuver (such as a Tap Toe jump) is performed between the required maneuvers, what score will the Referee give that skater in the "penalty" criterion?  
在指定动作项目中，如果选手在两个动作之间做出了违规动作(如点冰小跳)，裁判会在 "处罚" 评分项中给该选手多少分?
- 2.0
  - 5.0
  - 7.0
  - 8.0 – for demonstrating Extra Content 因为增加了额外内容

31. In Solo Compulsory events, if no illegal maneuver is performed in events with 2 or more skaters, what score will the Referee give each skater for the "Penalty" criterion?  
在 2 名或更多选手的指定动作项目组别中，如果选手都没有做出违规动作，裁判长将在“处罚”评分项中给每名选手多少分？
- a. 7.0
  - b. 7.5
  - c. 8.0
  - d. The same score as given for Maneuver #1  
与“动作一”评分项相同分数
32. In Solo Compulsory events, if no illegal maneuver is performed in an event with only 1 skater "against the book", what score will the Referee give the skater for the "Penalty" criterion?  
在“一人组别”的指定动作项目中，选手没有出现违规动作，裁判长将在“处罚”评分项中给选手多少分？
- a. 7.0
  - b. 7.5
  - c. 8.0
  - d. The same score as given for Maneuver #1  
与“动作一”评分项相同分数
33. The point range for judging 1 event entry "against the book" is 7.5 – 8.5. The only scores that can be given outside this range are:  
一人组别”的裁判分距是 7.5 - 8.5。可以给出在这个范围之外的分数是：
- a. 0 – for not attempting a required maneuver 没有尝试做出规定动作
  - b. 2.0 – for performing an illegal maneuver 做出犯规动作
  - c. 7.0 – for Duration timing 15+ seconds over prescribed time 时限超过规定时间的 15 秒以上
  - d. All of the above 以上所有
34. During the FS 4 event, which Sit Spin should receive the highest spin score?  
在花式 4 级自由滑项目中，哪个蹲转应该获得更高评分？
- a. Two revolutions with the skating hip lower than the skating knee  
选手蹲下胯部低于重心腿膝盖高度；转了 2 圈
  - b. Five revolutions with the skating hip higher than the skating knee  
选手蹲下胯部高于重心腿膝盖高度；转了 5 圈
  - c. Four revolutions with the skating hip lower than the skating knee  
选手蹲下胯部低于重心腿膝盖高度；转了 4 圈
  - d. Six revolutions with the skating hip higher than the skating knee  
选手蹲下胯部高于重心腿膝盖高度；转了 6 圈



35. When should the judge panel consider giving a penalty in Synchro Formation events?

在队列滑 - 队形比赛中，裁判在何时应考虑给予判罚？

- a. When 2 or 3 skaters lift one foot off the ice while going backwards  
当 2 或 3 名选手在倒滑时抬起一只脚
- b. When a skater falls while the team is performing backward pumps  
当队伍在做“向后大 C”时，有队员摔倒
- c. When more than half of the team skates backward on one foot  
当超过一半的队员单脚向后滑
- d. When some skaters seem to forget the choreography  
当有些选手似乎忘记了舞蹈编排

36. Regarding exit times for competition events, which of the following is true?

关于比赛项目撤场时间，下列哪项是正确的？

- a. The competition director can adjust exit times if facility restrictions and safety issues exist  
如果存在设施限制和安全问题，竞赛总监可以调整撤场时间。
- b. Ensemble event teams exit times are not timed  
小团体制作撤场时间不受限制
- c. Production event teams exit times are not timed  
团体制作撤场时间不受限制
- d. All of the above  
以上所有都正确

37. Which of the following is true for Pattern Team judging criteria?

关于团体图案项目的裁判标准，下列哪项是正确的？

- a. Correctness of Turns and Edges is an added criterion  
转向步和用刃正确性是新增的裁判标准
- b. Team Posture and Presentation is an added criterion  
团队姿势和表现力是新增的裁判标准
- c. Unison and Pattern are the most important criteria  
动作同步和场地利用是最重要的裁判标准
- d. Duration is not judged in this event  
本项目不对时限作出评分

38. When judging “Correctness”, you MUST NOT consider:

在裁判“正确性”时，你不能考虑：

- a. Difficulty or technical merit                      动作难度或技术值
- b. Falls    摔倒
- c. Technical accuracy of the moves performed      所做出动作的技术准确性
- d. Quality of each maneuver                              每个动作的质量

39. Uncaptured gliding maneuvers, jumps, and spins may be performed at most levels – but are not allowed in which events?

“未列出”的滑行动作、跳跃和旋转可以在任何级别做出，但哪些项目是不允许的？

- a. Artistic / Interpretive                      艺术性 / 临场表现
- b. Solo Compulsories / Jump & Spin        指定动作 / 跳跃和旋转
- c. Couple Spotlight / Solo Spotlight        双人娱乐性 / 个人娱乐性
- d. Freestyle / Open Freestyle                自由滑 / 公开花式

40. When judging any competition event, a judge can make evaluation easier by:

评判对任何比赛项目评分时，裁判可以通过以下哪些方式使评分更容易：

- a. Always using the full point range  
始终使用完整的分距
- b. Using symbols for notes instead of words to save time  
用符号代替文字来做笔记，节省时间
- c. Evaluating all aspects of a maneuver – speed, height, revolutions, flow, timing, etc.  
评估包括所有方面 - 速度、高度、周数、流畅性、节奏等
- d. All of the above  
以上所有

**非常感谢您一直以来对 ISI 滑冰体系和赛事的支持和参与！**