

## ICE SKATING INSTITUTE ASIA (ISIAsia)



## **Freestyle 7 Test**

ISIAsia No.	Skater Name	Birthdate	Coach Name
Testing Venue (ISIAsia admin rink)		Test Date	Examiner Name

Note: 1. Test requirements for each maneuver/program and testing standard please refer to current version of ISI Handbook.

- 2. No substitutions or omissions are permissible and any deviations from the listed requirements will render the test invalid.
- 3. Examiner must sign at the designated location for confirming test result. Test result may not be accepted if the form is not signed.
- 4. Send clear copy of three passed test forms to members@isiasia.org for test registration.

Examiner requirements for FS7 test ( latest requirement details please refer to our website )

- 1. The skater's instructor may not serve as the examiner for his/her students.
- 2. Test must be judged by **THREE** examiners who have either passed FS7 Level or are valid **Gold** Judge Test certified.

Otherwise the test will result in invalid and will not be accepted or processed by ISIAsia.

ISIAsia accept video test judging (or live test arranged or approved by ISIAsia) if there are no qualified examiners can be arranged by home rink. Please fill in the Video/Live Test Judging application form to <a href="mailto:members@isiasia.org">members@isiasia.org</a> for application.

Freestyle 7		Maneuvers	Solo Program		
Freestyle 7	1 <sup>st</sup> attempt	2 <sup>nd</sup> attempt	Duration 3 min		
Double Toe Loop <u>or</u> Double Toe Walley Jump					
Two Walley Jumps in a Row					
Combination Spin with Change of Foot and Position					
Flying Camel Spin					
Jump Sequence: One-Foot Axel / One-Quarter Flip / Axel					
Opposite Jump Flip Jump <u>or</u> Loop Jump <u>or</u> Lutz Jump					
<ol> <li>Right Forward Inside Counter</li> <li>Left Forward Inside Counter</li> <li>Left Backward Inside Rocker</li> <li>Right Backward Outside Double Twizzle</li> <li>Left Forward Inside 1 ½ Twizzle</li> <li>Dance Step Sequence</li> </ol>					

**Solo Program** 

	Posture	Extra Content	Correctness	Pattern	Rhythm	Interpretation	Duration (3 min)
Scoring (1-10)							

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Comments

**Examiner Signature** 

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