

# OPEN FREESTYLE TEST – PLATINUM LEVEL



MBR. NO.# \_\_\_\_\_ SKATER NAME \_\_\_\_\_  
(Family Name) (First Name)

BIRTHDATE \_\_\_\_\_ ADDRESS \_\_\_\_\_  
DD / MM / YYYY

MBR. NO.# \_\_\_\_\_ Examiner \_\_\_\_\_  
(Family Name) (First Name)

MBR. NO.# \_\_\_\_\_ Rink / Club \_\_\_\_\_

FST-P\_en\_v14a

Send original to: Ice Skating Institute Asia, GPO Box No. 579, General Post Office, Hong Kong SAR China. Make a photocopy for rink or club.

TEST DATE \_\_\_\_\_ Test Location \_\_\_\_\_

## **COMPULSORY MANEUVERS:** **(Scoring 1 to 10)**

### **1st Attempt**

### **2nd Attempt**

Choice Jump #1 (from Freestyle 8-10 Levels)	_____	_____
Choice Jump #2 (from Freestyle 8-10 Levels)	_____	_____
2-Jump Combination #1 (contains at least 1 double jump)	_____	_____
2-Jump Combination #2 (contains at least 1 double jump)	_____	_____
Choice Spin #1 (from Freestyle 8-10 Levels)	_____	_____
Choice Spin #2 (from Freestyle 8-10 Levels)	_____	_____
Spin Combination (at least 3 different position and 1 change of foot)	_____	_____
Dance Step Sequence <small>(Freestyle 8 / Freestyle 9 / own design covers the length of the ice)</small>	_____	_____

## **SOLO PROGRAM**

Choice Jump #1 (from Freestyle 8-10 Levels)	_____
Choice Jump #2 (from Freestyle 8-10 Levels)	_____
2-Jump Combination #1 (contains at least 1 double jump)	_____
2-Jump Combination #2 (contains at least 1 double jump)	_____
Choice Spin #1 (from Freestyle 8-10 Levels)	_____
Choice Spin #2 (from Freestyle 8-10 Levels)	_____
Spin Combination (at least 3 different position and 1 change of foot)	_____
Dance Step Sequence <small>(Freestyle 8 / Freestyle 9 / own design covers the length of the ice)</small>	_____

## **( SCORING 1 – 10 )**

Posture \_\_\_\_\_ Content \_\_\_\_\_ Correctness \_\_\_\_\_ Pattern \_\_\_\_\_  
 Rhythm \_\_\_\_\_ Duration (4.5) \_\_\_\_\_ Interpretation \_\_\_\_\_

**TEST RESULT**                      **PASS** \_\_\_\_\_                      **INCOMPLETE** \_\_\_\_\_

**Notes:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_